

Personal Development Trainer and Coach – Sutton Coldfield, £20 per hour

We are The Cancer Support Centre (CSC), a small charity based in Sutton Coldfield whose mission is to provide a place of sanctuary and support for adults whose lives have been affected by Cancer. We support both those who have a diagnosis of Cancer and those supporting and caring for them.

We are looking for a Personal Development Trainer to join our team; working alongside our Trustee (accountable for Person Centred/client services), our Person-Centred Team, our Centre Manager and our Clients.

You should be self-motivated, enthusiastic, committed with good communication skills and have experience of delivering training/learning courses in a supportive environment. Preferably, you should hold a teaching/training qualification or be able to provide evidence of working towards achieving this.

Main Responsibilities of the role,

- To provide support/training/coaching to our clients
- Ensure shared learning/resources and good practice within the Centre
- Devise, maintain and deliver our workshops to our clients that cover:
 - Managing Stress
 - Resilience Building
 - Mindfulness
 - Positive Thinking

You will have experience of supporting people in emotional situations and a knowledge of a range of personal development topics.

We are looking for someone who is willing to give us their time/skills for half a day a month or more (as we grow). The contract is on a self-employed basis and is based on a rate of £20 an hour plus expenses. Our typical workshops (at the moment) range between 2 and 3 hrs.

This is a great time to join our team in a very rewarding role of helping our clients. Your input will be most welcome and actively encouraged to ensure our course content is relevant and of a high standard. Come and help us to help others!

Interested?!

Please send your up to date CV to **Alison Burgess (Trustee for Person Centred)** at The Cancer Support Centre for review. ali.burgess@suttoncancersupport.org